

Biography of Chris McAdam

Certifications

- Bachelor of Science in Kinesiology
- Certified Personal Trainer by Canadian Society of Exercise Physiologists
- Level 1 NCCP coaching in Volleyball



Chris moved to Oliver, B.C. in the summer of 1991. Upon graduation, he attended University of Calgary and recently completed a Bachelor of Science degree in Kinesiology. Chris enjoys Skiing, playing Volleyball and Basketball, and a good hard workout at the gym!